

Loughborough EAP Meeting



Wednesday 29th July 2009



Track Events Start 1.00pm

Field Events Start 12 noon * **Provisional start times only!!**

Track Events

- 100 metres [M - 10.80 & W - 12.10]
- 200 metres [M - 21.80 & W - 24.50]
- 400 metres [M - 48.60 & W - 55.70]
- 110/100m Hurdles [M - 14.80 & W - 14.60]
- 400m Hurdles [M - 53.80 & W - 62.75]

Field Events

- Hammer [W - 56.00m]
- Discus [M - 50.00m & W - 47.00m]
- Pole Vault [M - 5.00m & W - 3.80m]
- High Jump [W - 1.70m]
- Shot Put [M - 15.80m & W - 14.35m]

NB Minimum standards guidelines only -if in doubt

RING FOR FURTHER INFORMATION!!

*** Details for reasonably priced B & B available on request**

Contact or send Entry Form below to:

Nick Dakin
 Sports Development Centre,
 Loughborough University
 Loughborough LE11 3TU
 England
 +44 [0] 1509 228468 - Phone
 +44 [0] 7855 365960 - Mobile
N.Dakin@lboro.ac.uk - e-mail

Entries Close

24th July 2009

Attainment of Guideline standard does **NOT** guarantee entry. Non accepted entries will be refunded. Confirmed entries will be posted on www.l-e-a-p.co.uk as will Final Timetable

Entry Fee

£ 7-00 payable to Loughborough University

Loughborough EAP 2009 Meeting

Please Enter me for the following events(s)

.....

Name

Club

Date of Birth

2009 Best

All Time Personal Best.....

Contact Address

Tel..... E-Mail

Accommodation Information Required*?

YES/NO delete as appropriate

Entry Form